

## **TRANS-PERINEAL PROSTATE BIOPSY DAY SURGERY UNIT**

It has been recommended that you undergo a biopsy and ultrasound of your prostate because of an elevation of your PSA or an abnormal finding on rectal examination of the prostate. The examination involves placing a probe into the back passage, much like having a finger examination of the prostate. With the ultrasound probe, the prostate is scanned and any suspicious areas noted and biopsied. The procedure takes up to about 30 minutes. A general anaesthetic is given. Fasting times will be discussed with you prior to admission.

The biopsies will be taken through the skin behind the scrotum (trans-perineally). When you wake up, you may have some very mild discomfort behind the scrotum and may notice bruising between your legs.

### **YOU WILL BE GIVEN ANTIBIOTICS IMMEDIATELY PRIOR TO THE PROCEDURE IN THE OPERATING ROOM**

#### **Side-effects of the biopsy:**

- 1) You may notice blood spotting in the urine, sperm or from the back passage. This generally disappears within 48 hours. The blood in the sperm, however, may continue for up to 8 weeks.
- 2) It is very rare to get an infection, about 0.1%. If you have fevers post operatively, you should contact Dr Ende's office or attend casualty for assessment.
- 3) It is uncommon, but some men have difficulty passing urine after the procedure due to swelling of the prostate gland. You will not be discharged home unless you have voided satisfactorily after the procedure.
- 4) There may be some bruising behind the scrotum.

Dr. Ende will telephone you when the pathology result is available to discuss the results of the biopsy and whether any further treatment is necessary.

