

POST-LITHOTRIPSY

You have undergone lithotripsy (shock wave treatment to fragment a stone in the kidney). Following this procedure you may notice some discomfort in your back. You may even notice some bruising in the skin. This is due to some stray shock waves and is rarely a problem. You may also notice some blood in the urine due to some minor bruising within the kidney. This will usually settle spontaneously and will be helped by drinking plenty of fluids.

You may also notice small fragments of stone being passed in the urine which is not unusual.

If you have **not** had a stent (a small plastic tube with one end in the kidney and one end in the bladder) placed and you experience significant pain on the side of the stone that was treated, you may have a small fragment of stone blocking the kidney. If this is the case please contact Dr Ende immediately through the switchboard of St Vincent's Private Hospital (8382 7111). Alternatively you could contact your local doctor or present to Casualty. If this is the case you will need to have some X-rays or a CT scan to determine whether or not a stone fragment is blocking the kidney.

Please ensure that you have a follow-up appointment with Dr Ende. You may need some new X-rays before seeing him which he will arrange if necessary.

